

Howard and Emily

ACTIVITY FIVE: EXPLORING TALENTS, FRIENDSHIP & KINDNESS

What you will need: a pencil and paper, colouring pencils or pens

Introduction: In Howard's Hugs, Howard isn't very good at any of the things he tries to do. His best friend, Emily, is kind to him and tries to make him feel better. After many attempts, they eventually find something that Howard is good at.

Task Part 1: SPECIAL TALENTS

Discuss with an adult or write things down.

It takes a while for Howard to find out what he is good at.

What things are you good at? Who do you do them with? Where do you do them? How does it make you feel when you do them?

Task Part 2: FRIENDSHIP

Discuss with an adult or write things down.

When Howard is sad, Emily is kind to him and tries to cheer him up. When Emily falls over, Howard kisses her and gives her a hug. They do these things because they are friends.

Who are your friends?

Can you think of ways that friends can be kind to each other? What things can you do to show friends that you care about them?

Can you think of a time that a friend has been kind to you? How did it make you feel?

Can you think of a time when you have been kind to a friend? How did it make you feel?

Task Part 3: CREATE A PICTURE

Can you draw a picture of you and your best friend doing something fun that you love doing together?

We would love to see the work you do, share at
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